MR Safety

User Training





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Purpose

Why should you learn about MR safety?

- MRI is considered inherently safe lack of ionizing radiation.
- Vast majority of MRI scans are performed without incidents millions each year.
- There is *no evidence* of immediate or long-term adverse effects due to MRI procedure itself.
- MRI injuries result from human errors
 - Safety training of all staff
 - Protocols and regulations

Boy, 6, Killed in Freak MRI Accident



July 31, 2001 -- A 6-year-old boy died after undergoing an MRI exam at a New Yorkarea hospital when the machine's powerful magnetic field jerked a metal oxygen tank across the room, crushing the child's head.

Purpose

Why should you learn about MR safety?

Elderly South Korean man dies after oxygen cylinder gets sucked into MRI machine

Anyone entering an MRI room should not have metal objects on or in their person as MRI machines utilise a powerful magnetic force

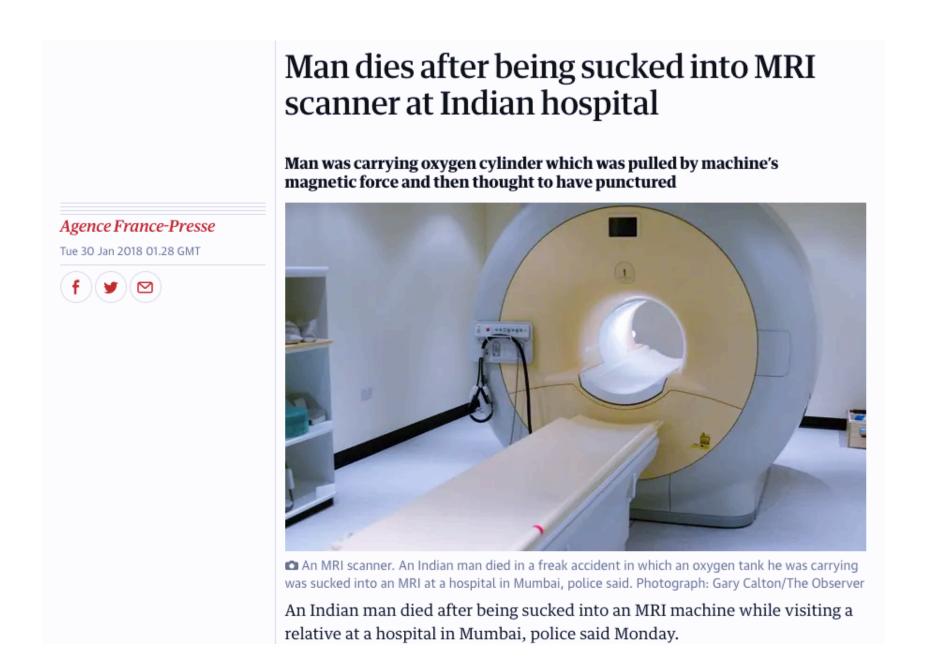
Alisha Rahaman Sarkar • Tuesday 19 October 2021 14:13 • • Comments













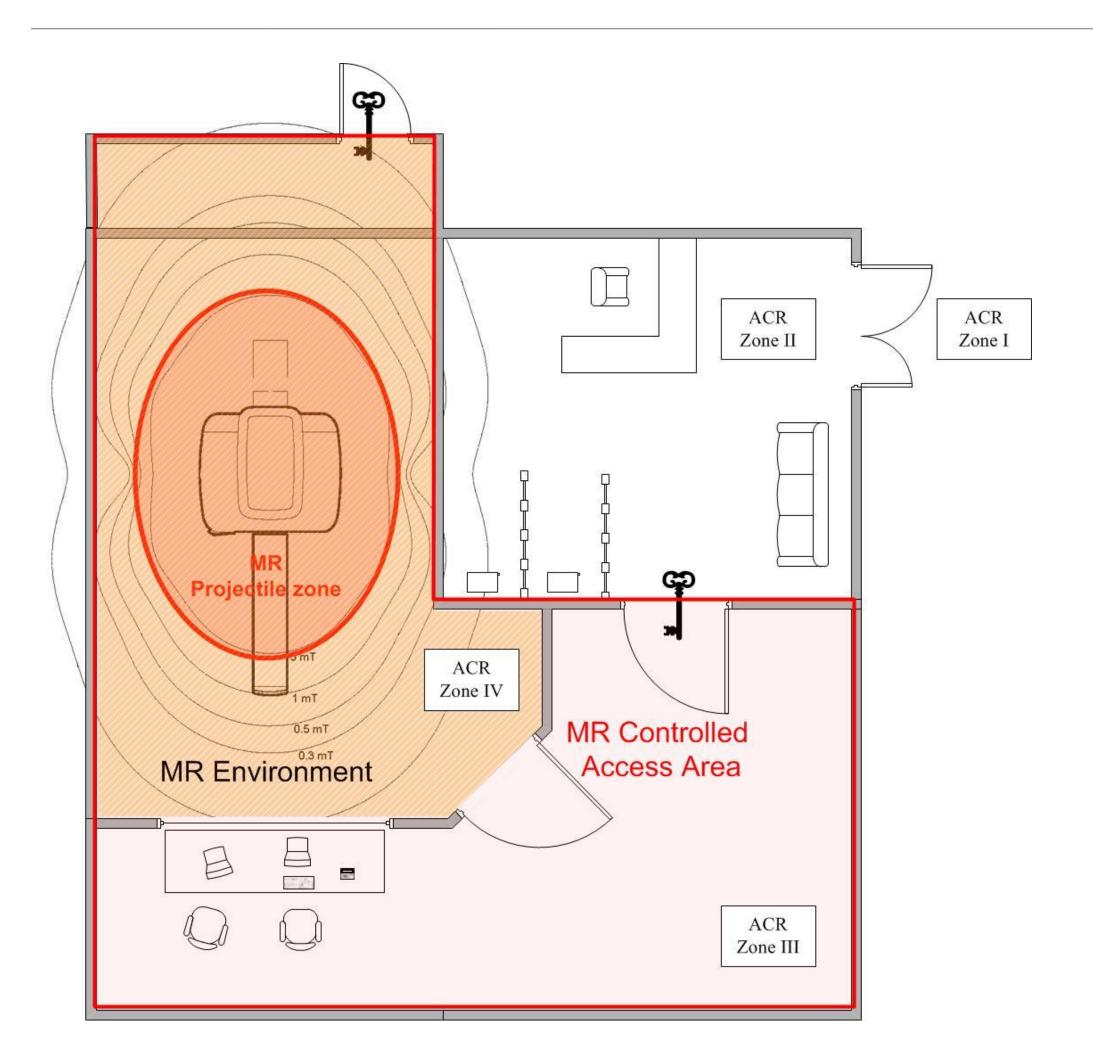
01/10/2019 06:00 | NEWS > AUSTRIA

30,000 EUROS DAMAGE

Cleaning lady demolished MRI in the event of an accident in the hospital



(Image: laumat.at/Matthias Lauber, ZVG)



MR environment

- The 3D volume of space surrounding the MR magnet that contains both the Faraday shielded volume and the 0.50 mT field contour (5 gauss (G) line). — Exposure to the electromagnetic fields produced by the MR equipment and accessories.
- Restricted access authorized personnel performs safety screening

Safety Guidelines for Magnetic Resonance Imaging Equipment in Clinical Use MHRA, February 2021

MR environment

Exposure to the **electromagnetic fields** produced by the MR equipment and accessories.

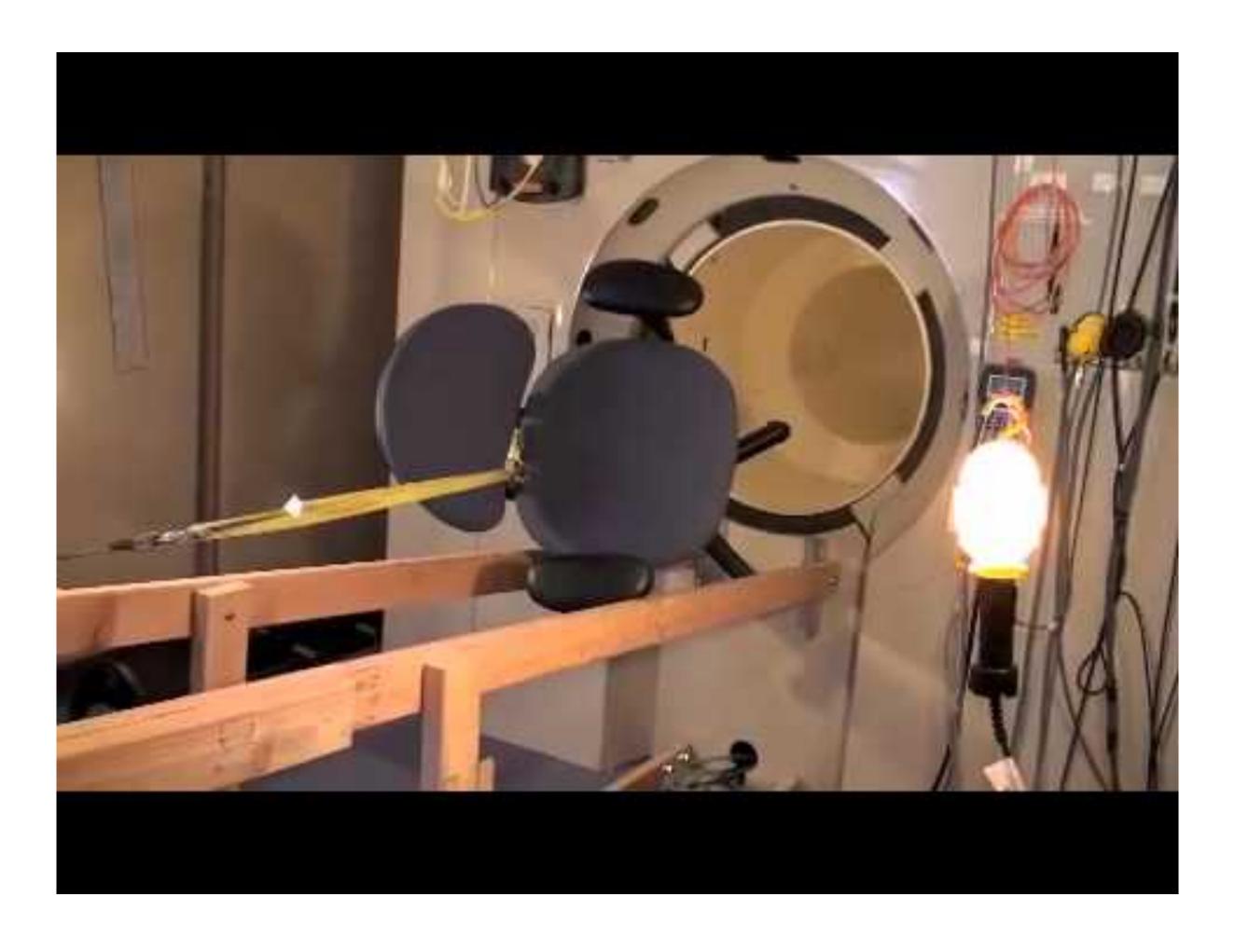
Fields	Most serious hazards
Static magnetic field	Attraction, alignment, and projectile-like acceleration of magnetizable objects Movement by implants and prostheses in the body
Gradient fields	Peripheral nerve stimulation
RF fields	Warming of body tissue

Static magnetic field (B₀)

- Projectile effects ferromagnetic objects
 - The most serious consequences
 - Force of attraction proportional to —
 object's mass, susceptibility; field strength
 and gradients
 - Anything ferromagnetic will be pulled toward the bore of the MRI scanner with dramatic acceleration.



Static magnetic field (B₀)



Idress the conditions of the adient magnetic field and the dition singularing specific rsquired.

MR Conditional

Static magnetic field (B₀)

sks to the patient, medical staff

onment.'



MR Unsafe

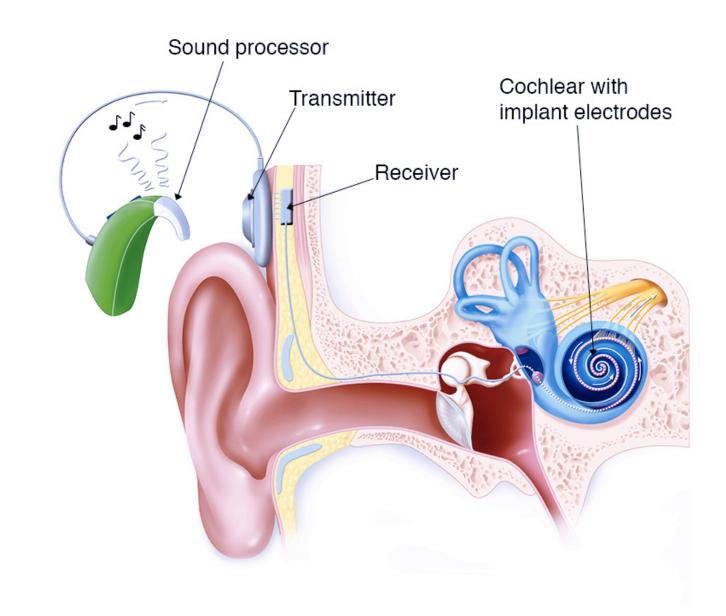
ce surrounding the MR magnet the server is both the Faraday d contour (5 gauss (6) line). This contour to the electromagnet of the produced by the



Static magnetic field (B₀)

- Ferromagnetic foreign bodies
 - Metal splinters in the eye
 - Bullets and shrapnels
 - Piercings
- Implants and pacemakers
 - Device malfunction
 - Cardiac pacemaker/defibrillators as a general rule, exclude without exception.
 - Cochlear implants, insulin pumps
 - Stimulation devices





Static magnetic field (B₀)

MR Safe

MR Safe



- MR conditional materials items with demonstrated safety in the MR environment within defined conditions
 - American Society for Testing and Materials (ASTM)
 - Conditions static magnetic field strength, spatial gradient, dB/dt (time varying magnetic fields), radio frequency (RF) fields, and specific absorption rate (SAR)
 - Implants and protheses
 - Monitoring and support equipment for MR environment

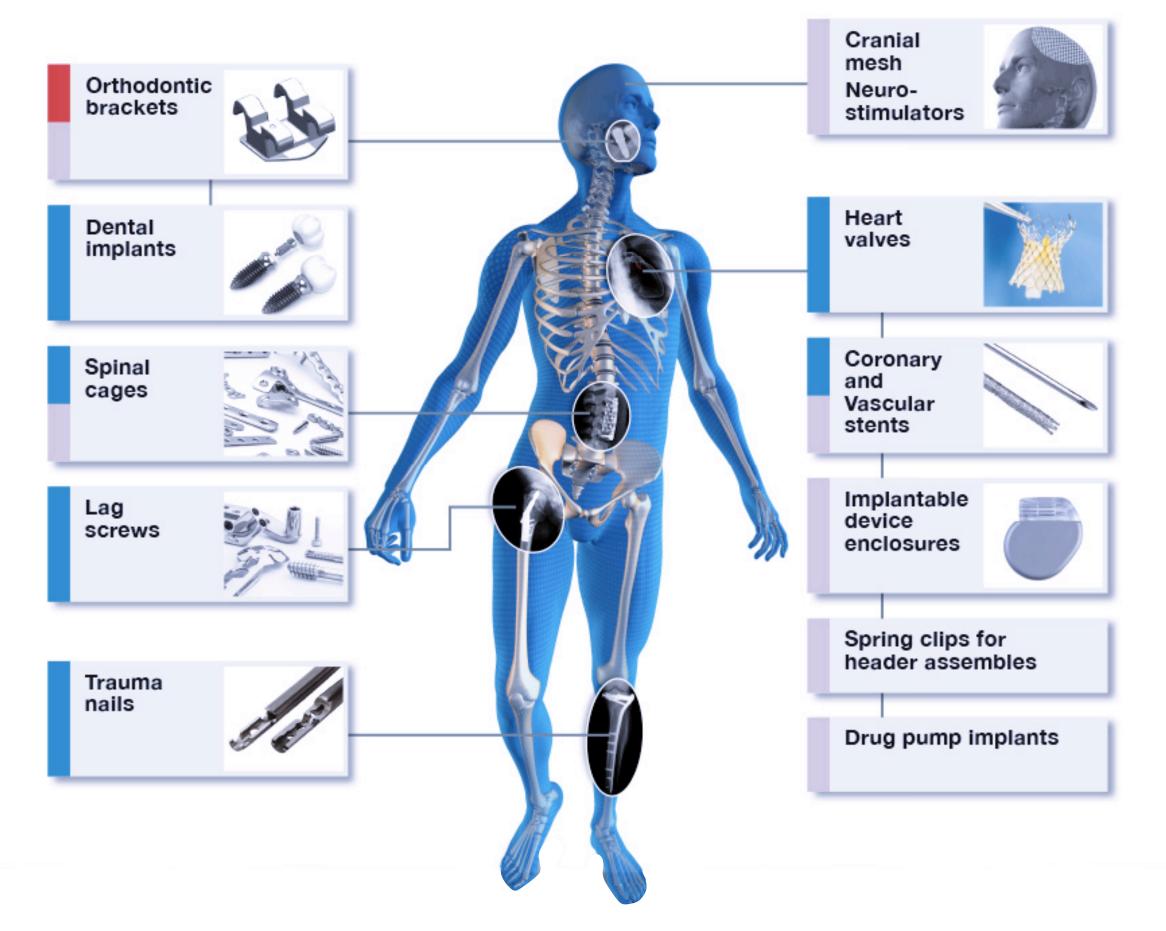
Static magnetic field (B₀)

MR Safe

MR Safe

Implants and protheses:





Static magnetic field (B₀)

MR Safe

MR Safe













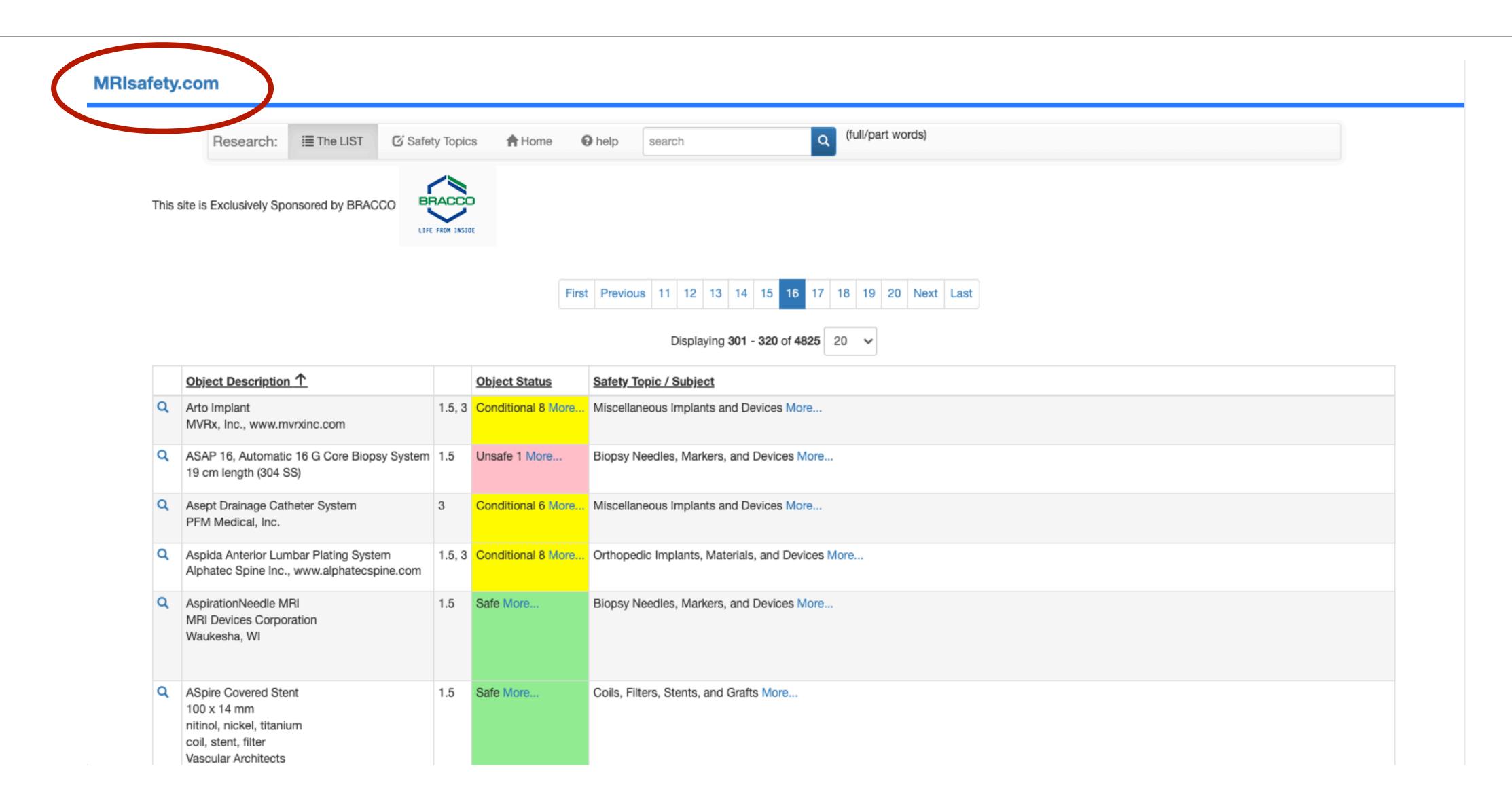
Static magnetic field (B₀)





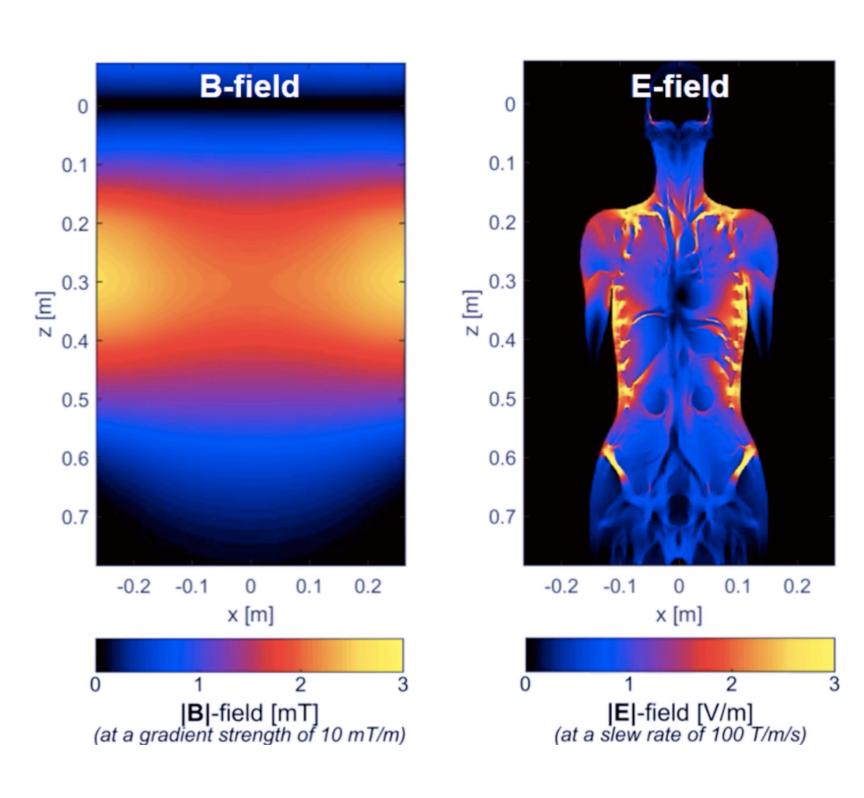
- MR safe materials items that poses no known hazards resulting from exposure to any MR environment
 - electrically nonconductive
 - nonmetallic
 - nonmagnetic
 - e.g. plastic, silicone, glass most nasogastric tubes,

 Merceracheal tubes, IV catheters, IV tubing, drains, and
 wound dressings



Time-varying magnetic field - gradient coils (dB/dt)

- Peripheral nerve stimulation: direct stimulation of peripheral nerves, experienced as twitching or tingling
 - Fast acquisitions with fast switching gradients high-duty-cycle EPI, GE sequences with small FOV & short TR
 - Threshold of stimulation between 60-100 T/s indicator of safety thresholds; pain
 - Cardiac stimulation/ventricular fibrillation even faster gradients



Time-varying magnetic field - gradient coils (dB/dt)

- Acoustic noise: Consequence of the force exerted on the gradient coils due to the rapidly varying current within them in the presence of the main field.
 - Noise increases with field strength varies considerably with the type of pulse sequence.
 - In addition to the noise levels, duration is important.
 - Ear protection necessary for patients and operators —
 <99 dB(A)
 - Associated with temporary and permanent hearing loss.

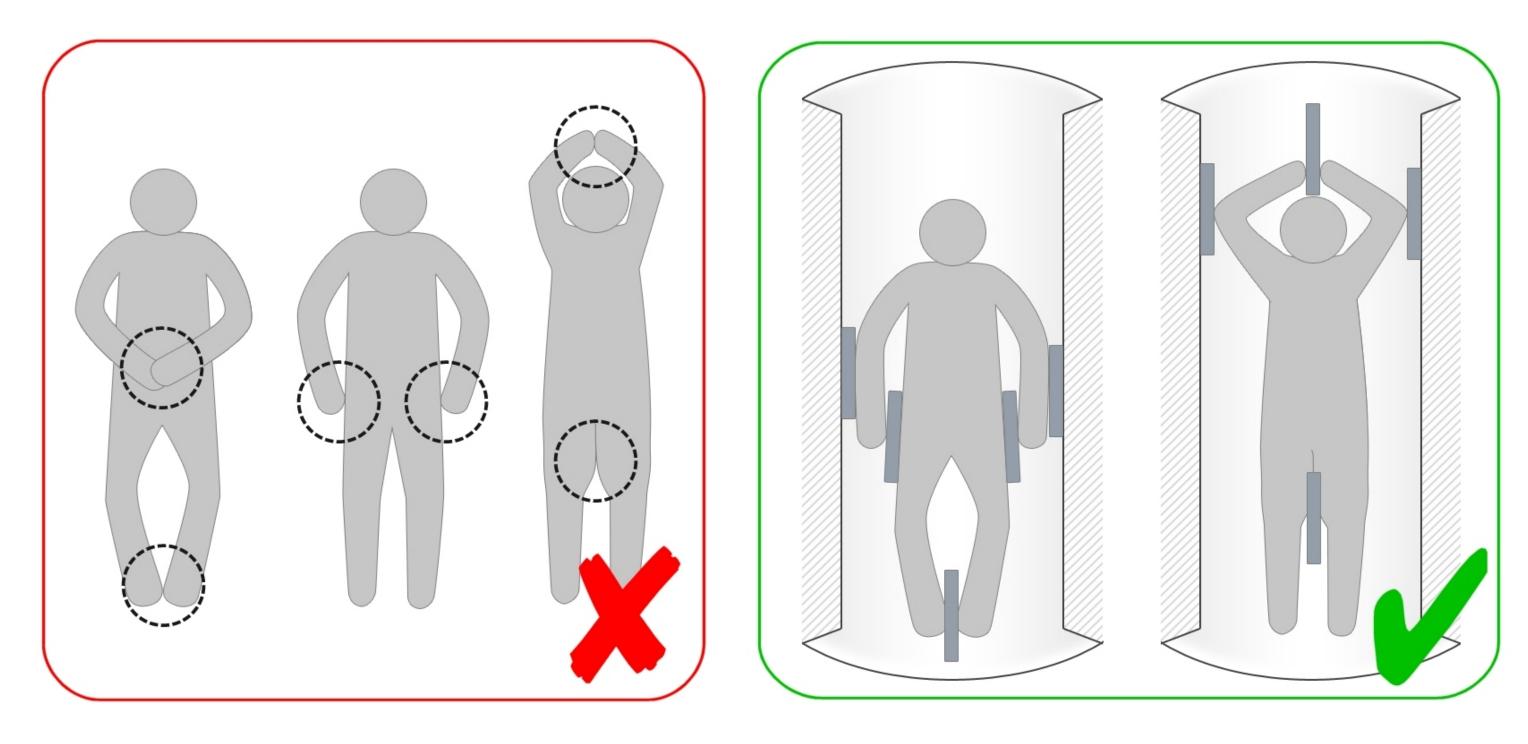
dB(A) Gun shot **Painful Jackhammer Echo Planar Imaging (EPI)** Chainsaw **Very Loud** Car horn Rapid GRE 100 Subway Turbo SE Motorcycle Loud Conventional SE **Busy road** Restaurant **Ambient Scanner** Normal voice Noise **Moderate** Typical office Quiet library Soft Whisper **Rustling leaves Ticking watch Faint** Silence



Source

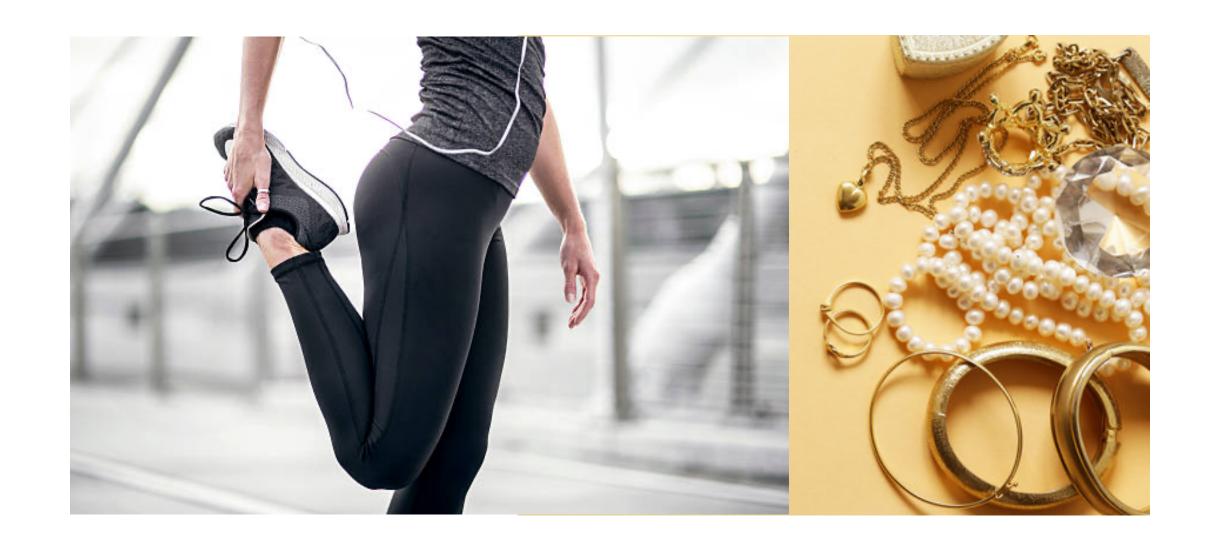
- · Heating: Energy deposited by repetitive RF pulses specific absorption rate (SAR)
 - -joules or watts per kilogram of tissue
 - SAR values increase with field strength
 - Safe operating limits defined by <u>FDA</u> whole-body average of <4 W/Kg over 15 minutes; <3 W/Kg over 10 minutes for head
 - IEC limits < 1°C increase in body temperature
- Scanner manufacturer (Siemens) set limits, real-time SAR monitoring
 - Acquisition parameter changes prevented echo train lengths, number of slices or saturation pulses

- Burns:
 - RF-related burns are unrelated to SAR may happen with low SAR acquisitions
 - Near-field burns contact with the bore wall
 - Resonant circuitry burns *conductive metals* within the volume of the RF transmit coil
 - Large caliber loops skin-skin contact
- Padding is necessary to avoid contact between the subject and the bore or skin-skin contact.



Proper positioning inside the scanner

- Remove any metallic/conductive objects jewelry, hair accessories, brassieres with support wires, metallic appliqués on clothing
- Certain eyeliners and tattoos may cause skin irritation
- · Ideally out of street clothes, patient gowns



Radiofrequency field (B₁)

Invisible Metallic Microfiber in Clothing Presents Unrecognized MRI Risk for Cutaneous Burn

J.A. Pietryga, M.A. Fonder, J.M. Rogg, D.L. North, and L.G. Bercovitch



FIG 1. A linear erythematous blistering eruption is noted on the patient's right flank minutes after completion of the MR imaging of her brain and spine.

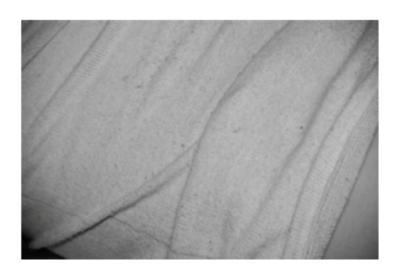


FIG 2. The patient wore a Boston Silver T shirt beneath a conventional cotton tee shirt during her imaging study. It was not until after the scan that it was realized that the undershirt, recommended for wear beneath her back brace, contained antimicrobial silver microfibers.

Case report

MRI induced fourth-degree burn in an extremity, leading to amputation

Josef Haik a, Simon Daniel b,*, Ariel Tessone a, Arie Orenstein a, Eyal Winkler a

^a Department of Plastic & Reconstructive Surgery and Burn Unit, The Chaim Sheba Medical Center at Tel HaShomer 52600, Israel
^b Sackler School of Medicine, Tel Aviv University, Israel

ARTICLE INFO

Article history:

Accepted 13 November 2007

Haik et al., 2009

Other issues

- · Psychological distress claustrophobia, anxiety and restlessness
 - Put subjects at ease, provide detailed information purpose of scan, duration
 - Verbal contact, mirrors to see outside the scanner
 - Music or video during acquisitions
 - Oral anxiolytic medications
 - Sedation and anesthesia

Other issues

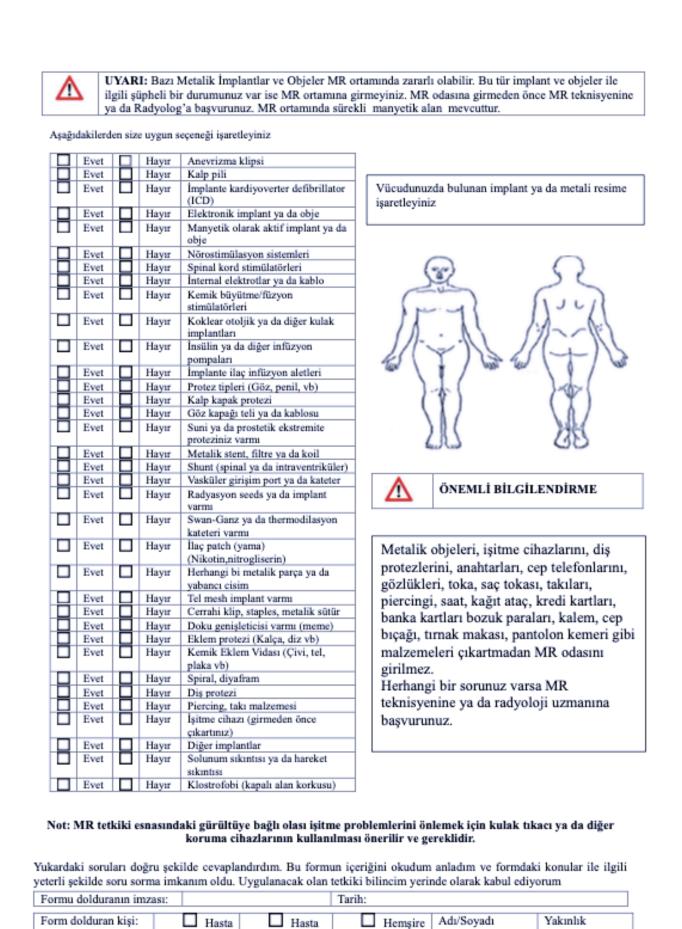
- Pregnancy There is <u>no evidence</u> that suggests MRI can be harmful to the fetus.
 - Prudent to avoid MRI during vulnerable periods of fetal development (1st trimester).
 - No contraindication, MRI is favored for fetal imaging.
 - Gadolinium-based contrast agents should be avoided cross the placenta

Contrast agents

- Patients with kidney failure
- Pregnancy
- Basal ganglia accumulation with older medications

https://www.turkrad.org.tr/assets/DernektenHaberler-Pdf/Ek-A-Hastalar-icin-MR-Guvenlik-Formu.pdf

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Hastanın şikayetleri			
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Eğer evet ise belirtiniz:			
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Herhangi bir Görüntüleme yöntemi	i (MR, Tomografi.,Röntgen US) yapıldı mı ?	☐ Evet	☐ Hayır
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Diğer			
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 Daha önce çektirdiğiniz MR işlemi Eğer evet ise belirtiniz: 	inde herhangi bir sorun yaşadınız mı?	☐ Evet	☐ Hayır
-	sim ile ya da yabancı cisim ile yaralanma oldu	☐ Evet	Hayır
Eğer evet ise belirtiniz:			
-	sim ile yaralandınız mı (mermi, şarapnel vb) ?	☐ Evet	☐ Hayıı
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Eger evet ise belirtiniz:	amanda kunandiginiz bir naç tedavisi var mi:	□ Evet	⊔ паун
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-	-lanta Edicia and Mills town of the	T Front	
	sıkıntısı öyküsü ya da, MR'da, tomografide,	☐ Evet	☐ Hayıı
	lara karşı alerjik reaksiyon oldu mu?		
Eğer evet ise belirtiniz:	hillands and the state of the s	T Post	
	böbrek nakli, yüksek tansiyon, karaciğer	☐ Evet	Hayı
hastalığı, şeker ya da epilepsi gibi l Eğer evet ise belirtiniz:	nastanginiz varini:		
Egel evet ise benruinz.			
Bayan Hastalar İçin;			
10. Son adet tarihi :	Postmenapozal?	☐ Evet	☐ Hayıı
11. Gebelik var mı, ya da adet gecikn		☐ Evet	☐ Hayıı
Eğer evet ise belirtiniz:			
12. Doğum kontrol ilaçları ya da horr	non tedavisi aliyormusunuz?	☐ Evet	☐ Hayıı
Eğer evet ise belirtiniz:			
11. Kısırlık tedavisi görüyor musunu	z?	☐ Evet	☐ Hayır
Eğer evet ise belirtiniz:	 -		
- p			☐ Hayır



yakını:

Radyolog

Adı/Soyadı

Hemşire

Formu kontrol eden kişi

MR teknisyeni

Derecesi

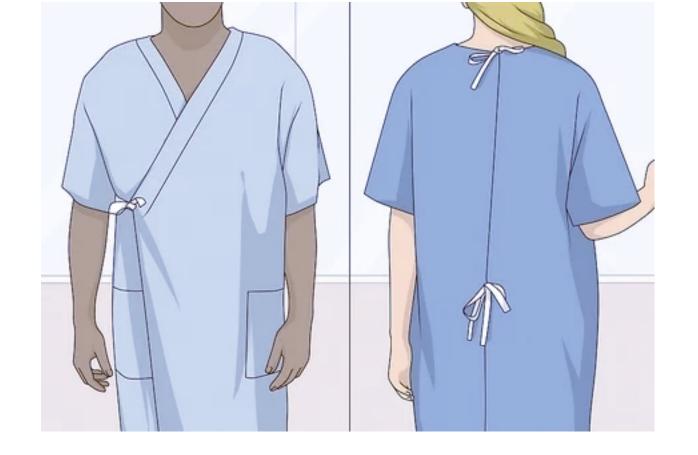
☐ Diğer

https://www.turkrad.org.tr/assets/DernektenHaberler-Pdf/Ek-B-Hasta-Disi-Kisiler-icin-MR-Guvenlik-Formu.pdf

HASTA DIŞI KİŞİLER İÇİN MANYETİK REZONANS BİLGİLENDİRME ve ONAM FORMU					
UYARI: MR görüntüleme sistemi çok kuvvetli manyetik alan içermesi nedeni ile eğer üzerinizde metalik elektronik manyetik mekanik implant malzemeler varsa zarar oluşturabilir. Bu nedenle MR ortamına ya da odasına girmeden önce bu form doldurulmalıdır. Ortamda manyetik alanın sürekli bulunduğu unutulmamalıdır.					
Not: Eğer hasta olarak MR işlem	ni yapılacaksa başka bir form doldurmanız ger	rekir.			
Tarih/	Adı/Soyadı	Yaşı			
Adres	Tel	efon ()			
Daha önce herhangi bir ope	erasyon geçirdiniz mi (Artroskopi, endoskopi	vb)?			
Eğer evet ise belirtiniz:					
Tarih:/	Cerrahinin tipi:				
	talik cisim ile ya da yabancı cisim ile yaralanı	ma oldu mu? 🔲 Evet 🔲 Hayır			
3. Herhangi bir metalik cisim ya da yabancı cisim ile yaralandınız mı (mermi, şarapnel					
Eğer evet ise belirtiniz:					
Gebelik ya da gebelik şüp	hesi var mı?	Evet Hayır			
UYARI: Bazı implantlar, malzemeler ve objeler MR ortamına veya MR odasına girişte zarar meydana getirebilir. MR ortamı ya da MR odasına girişteki malzemeler ile ilgili şüpheniz varsa kesinlikle girmeyiniz. Vücudunuzda aşağıda belirtilenlerden bri var mı?					
Evet Hayır Kal	lp pili	T			
Evet Hayır İmp	plante kardiyoverter defibrillator	ÖNEMLİ BİLGİLENDİRME			
Evet Hayır Ele	ektronik implant ya da obje				
Evet Hayır Ma	i.	ılik objeleri, işitme cihazlarını, diş			
	rostimiilasvon sistemleri prote	ezlerini, anahtarları, cep telefonlarını,			
		ükleri, toka, saç tokası, takıları,			
		ringi, saat, kağıt ataç, kredi kartları,			
Evet Hayır İnsi	ülin ya da diğer infüzyon bıçağı	oanka kartları bozuk paraları, kalem, cep oıçağı, tırnak makası, pantolon kemeri gibi			
		emeleri çıkartmadan MR odasını			
Evet Hayır Sur	ni ya da prostetik ekstremite Herh	girilmez. Herhangi bir sorunuz varsa MR teknisyenine ya da Radyoloji Uzmanına			
	sternal/internal metalik cisim tekni				
	,	urunuz.			
	artınız) ğer implantlar				
	ger objeler				
Yukardaki soruları doğru şekilde cevaplandırdım. Bu formun içeriğini okudum anladım ve formdaki konular ile ilgili yeterli şekilde soru sorma imkanım oldu.					
Formu dolduranın imzası:		Tarih:			
Formu kontrol eden kişi Adı/Soyadı		İmza			
MR teknisyeni Radyolog		Diğer			

Pre-scan interview with volunteer/patient & positioning

- Do not depend on the consent form entirely ask about medical history and implants
- **Explain** the scanning procedure, length of the examination, hazards and safety measures *noise*, *heating*, *twitching muscles*
- Make sure that the subject removes any jewelry/ferromagnetic objects; give patient gowns if possible





Pre-scan interview with volunteer/patient & positioning

- Provide hearing protection earplugs, headphones
- Inform them about the communication equipment squeeze ball, intercom
- · Position the patients comfortably and properly, place padding where necessary



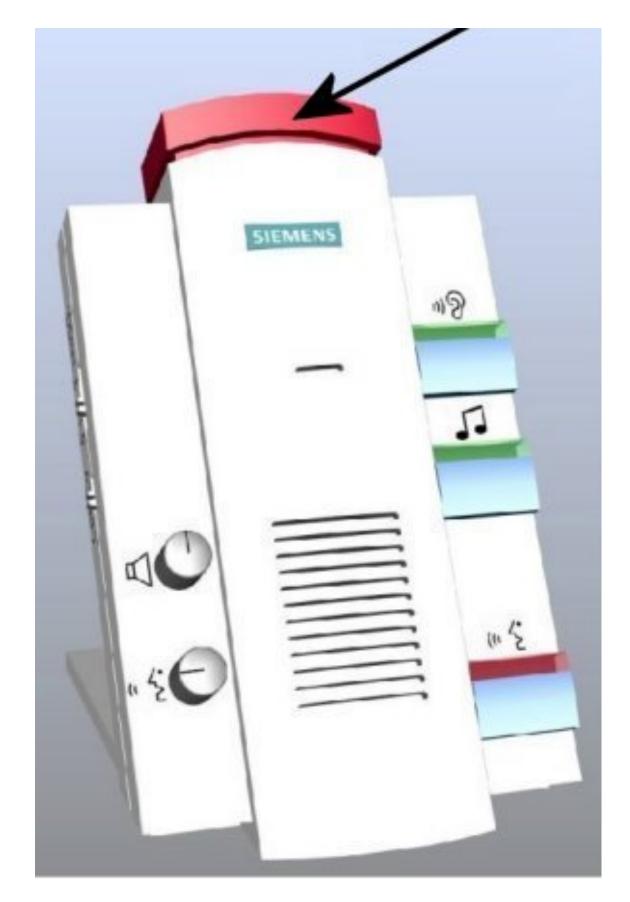




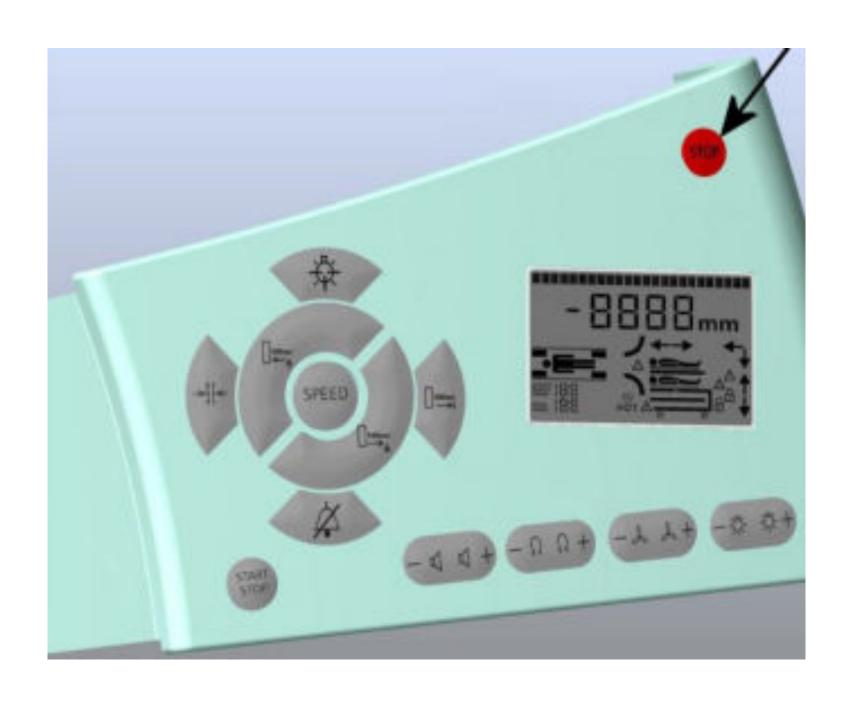
In case of emergency

Medical emergency during MR measurements

• Terminate the measurement







In case of emergency

Medical emergency during MR measurements

- Terminate the measurement
- Remove patients from the examination room for first aid
 - Call for help colleagues & 112
 - Do not enter the MR room with ferromagnetic objects
 - Do not operate oxygen bottles, defibrillators, or other resuscitation tools in the examination room
 - MR-conditional medical equipment

In case of emergency

Medical emergency during MR measurements

- **Terminate** the measurement
- Remove patients from the example ation has a muligroffic straid any MR environment. MR Safe items are composed of materials that Call for help—colleagues & 112 nonconductive, nonmetallic, and nonmagnetic'*

Fire

MR CONDITIONAL

'an item with demonstrated safety in the MR environment within defined conditions. At a minimum, address the conditions of the static magnetic field, the switched gradient magnetic field and the

- Only non-magnetic CO₂ extringurations of the item, may be required. The configurations of the item, may be required.
- Call the responsible person for MRI facility & 112

'an item which poses unacceptable risks to the patient, medical staff or other persons within the MR environment.'



MR Unsafe

MR ENVIRONMENT

Warning signs







RF field



Observe operator manual



Mandatory hearing protection



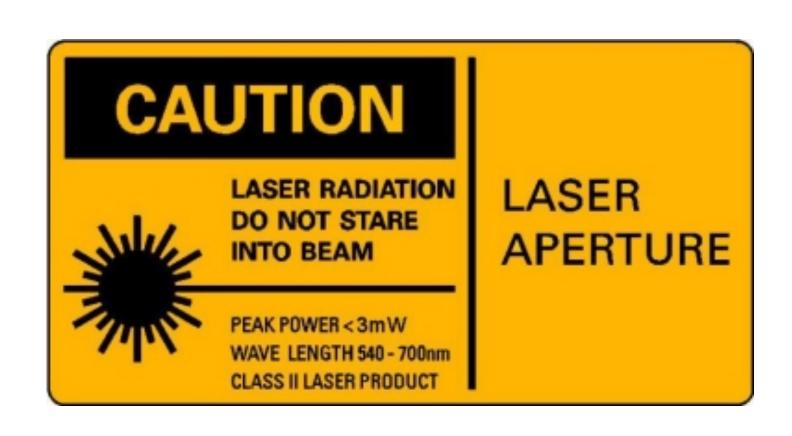
Potential injury to persons



Risk of injury







Prohibition signs



Implants susceptible to electromagnetic effects



Open flames, no smoking



Metallic implants and other metallic objects inside the body



Mechanical watches



Fire extinguishers with magnetizable metal housing



Metal parts, e.g. tools



Electronic data carriers

Further resources

National and international guides

- Food and Drug Administration (FDA)
- American Society for Testing and Materials (ASTM)
- American College of Radiologists (ACR)
- International Electrotechnical Commission (IEC)
- Medicines and Healthcare Products Regulatory Agency (MHRA, UK)
- Türk Radyoloji Derneği (TRD)
- mrisafety.com 'The List'
- https://www.ismrm.org/mr-safety-links/

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